



## Pre-Operative Instructions

### Knee Arthroscopy

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Please stop all of the following medications 7 days prior to surgery. These include but are not limited to:

- Motrin (Ibuprofen), Advil, Aleve
- Dipyridamole
- Mobic
- Feldene
- Persantine
- Bufferin
- Lodine
- Aspirin (325 mg/day or more should be stopped; baby Aspirin 81 mg/day can be continued)
- Relafen
- Clinoril
- Nuprin
- Naprosyn
- Voltaren

**NOTE:** If you get a headache and need to take something within a week prior to your surgery, you can take Tylenol (acetaminophen).

If you are taking **Plavix**, this will need to be stopped **10 days** prior to your surgery.

If you are taking **Coumadin, Xarelto or Pradaxa**, these medications need to be stopped **6 days** prior to your surgery.

Please remember to FAST from midnight on the night before your surgery. THIS MEANS NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR OPERATION.

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